Joining instructions

2026 Annual General Meeting · Monday 16 November 2026, 6.30pm AEDT · Online by Zoom

Zoom link	https://us06web.zoom.us/j/89852700114?pwd=yKPVl3LsCydSkDSZXkyfaG5zDYZ3a1.1
Meeting ID	898 5270 0114
Passcode	073567
Opens	6.15pm AEDT, for a 6.30pm start

Local start times: 3.30pm AWST (Perth) · 5.00pm ACST (Darwin) · 5.30pm AEST (Brisbane) · 6.00pm ACDT (Adelaide) · 6.30pm AEDT (Sydney, Melbourne, Canberra, Hobart) · 8.30pm NZDT (Auckland).

Before the meeting

1. Use a computer, tablet or phone with a camera and microphone. Install or update the Zoom app if you can.
2. Test your sound and video beforehand, or join a few minutes early.
3. Join under the name on your membership, so the Secretary can check you against the register of members.

During the meeting

- Please stay on mute unless you are speaking.
- To ask a question, use Zoom's raise hand button and the Chair will invite you to speak. You can also type a question in the chat.
- When the Chair takes a vote, use Zoom's yes and no buttons, or raise your hand, as the Chair directs. The Chair will explain how at the start of the meeting.

If something goes wrong

- If you cannot connect, email ausmetabolichealthsoc@gmail.com and we will help where we can.

- If you are not sure you will be able to join, please lodge a voting form by 6.30pm AEDT on Saturday 14 November 2026, so your vote counts either way. If you then join the meeting, you vote on the night and your form is set aside.